

The Faculty of Commerce organized a transformative Stress Management Workshop on November 29, 2023.

The Faculty of Commerce orchestrated a transformative Stress Management Workshop on November 29, 2023, within the confines of the seminar hall. The event, under the esteemed presidency of Hon'ble VC Sir Dr. S.P. Dubey, was further adorned by the presence of Dr. Manish Upadhyay, Registrar, and the insightful guest speakers CA Rajni Pinjani & Dr. Meena Pinjani. These luminaries expounded on diverse stress reduction methods, tailor-fitted to navigate the intricacies of life. Dr. Manish Upadhyay, in his opening remarks, set the tone for a day of enlightenment.

The pinnacle of wisdom came forth in the presidential speech delivered by VC Sir Dr. S.P. Dubey, emphasizing the vital role stress management plays in achieving a balanced life. Prof. D. Shadangi, as the convener, extended heartfelt gratitude to all dignitaries and participants, while the event's flow was deftly managed by Dr. Abha Shukla as the anchor.

Dr. S.P. Dubey, Vice-Chancellor, took a moment to honor the guest speakers with traditional shawls and momentos, a symbolic gesture of appreciation for their invaluable contributions. A snapshot of the moment captured the essence of the workshop, showcasing engaged participants, insightful discussions, and the dignitaries in action.

A profound thank you resonates with everyone who played a role in making this workshop a success. Together, we embarked on a journey of learning, sharing, and taking a step towards a stress-free future. Anticipate more empowering events from the Faculty of Commerce, where knowledge meets practical wisdom.



A Workshop on
"Stress Management through Energy Transformation"
by

CA Rajni Pinjani Associate Certified Crystal Healer, Authorized Trainer Counselor and Arhat Practitioner of YPV Foundation Trust, (Tamilnadu)	Dr. Meena Pinjani Associate Certified Crystal Healer, Authorized Trainer Arhat Practitioner of YPV Foundation Trust, (Tamilnadu)
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Date: 29/11/2023 | Time: 2:00 PM to 3:30 PM
Venue: Seminar Hall
Organized by : Faculty of Commerce

The ICFAI University, Raipur

Add: NH-53, Raipur Bhilai Road, Kumhari, Durg**Website: www.iuraipur.edu.in**

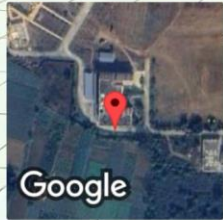


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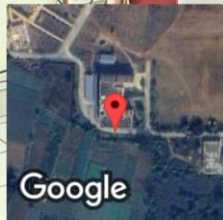


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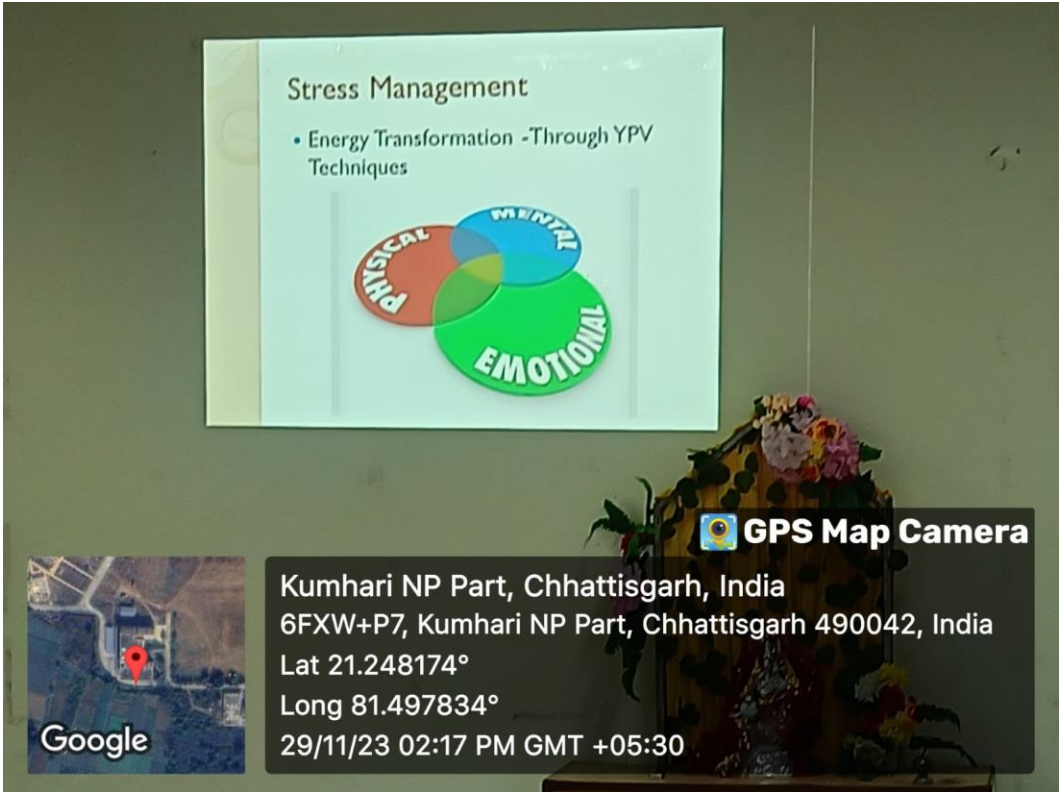
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